

# THE WELLNESS EFFECT

Prudential (your Plan 4, 5, & 6 defined contributions investment record keeper) has launched its **new** upgraded participant account information system with enhanced security features!

To upgrade your account you will need to:

1. Go to [www.prudential.com/online/retirement](http://www.prudential.com/online/retirement)
2. Log in / Register your account

3. Click

Go Now

4. You will be prompted to set up your new profile with an:
  - Email address
  - Username
  - Password
  - Security question
  - Mobile number



It's that simple!

**You will then be able to access:**

- **My Accounts** – Provides a consolidated view of all your prudential accounts in one place.
- **My Financial Life** – The gateway to your Financial Wellness digital experience. A tool to assist you in assessing your financial health. You will understand where you are, and what actions you need to take to get you where you want to be.
- **My Financial Wellness Center** – A personalized interactive experience that includes videos, articles, and guides to help you make confident choices for retirement, estate planning, budgeting **and much, much more!!!**

**It's time! Unlock the power to your future!**

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